

**MEMORIAL SURGERY CENTER
OCEAN SPRINGS
Citrate and Miralax – Adult**

Please complete preop labs and Covid test 5-7 days prior to your procedure. Ocean Springs Labcorp Monday-Thursday 8-3 and Friday 8-12

You have been scheduled for a Colonoscopy on _____ with Dr. _____ at the Memorial Surgery Center in Ocean Springs, MS.

If you were not given a date and/or time for your procedure at the doctor's office, please call the clinic where you had your office visit to schedule your procedure appointment.

Memorial Digestive Health Clinic **Biloxi** 228-374-7949

Memorial Digestive Health Clinic **Ocean Springs** 228-872-6291

Memorial Digestive Health Clinic **Pascagoula** 228-769-1035

- If you were given a time at the doctor's office, this is a **tentative appointment time and may change**. A staff member from Memorial Surgery Center will be calling you prior to your procedure with your arrival time. If you have not heard from them by 9 AM the day before your procedure, call (228) 872-6290.
- Notify the nurse if you are taking any of the following medications. You may be required to stop these medications eight (8) days before your procedure or as instructed by your doctor.

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|---------------------|------------------|------------------------|------------------|-----------------|
| Advil | BC Powder | Eliquis | Plavix | Fish Oil |
| Aleve | Brilinta | Goody's | Pradaxa | |
| Alka Seltzer | Celebrex | Heparin | Vanquish | |
| Ascriptin | Coumadin | Iron Supplement | Vitamin E | |
| Aspirin | Effient | Mobic | Xarelto | |

If you have any questions or you need to cancel/reschedule your procedure, please call your doctor's office.

Day Before Procedure

- You will need to purchase three (3) bottles of Citrate of Magnesium, and two (2) fleets enemas. These are over the counter products.
- You may have a light breakfast before 9:00 a.m. the day before your procedure. After breakfast, clear liquids only (i.e., chicken broth, Jell-O, Popsicles, Sprite, Gatorade, water, etc.)
- DO NOT eat or drink anything that is red, purple, or green. NO milk products such as Ensure, protein drinks, milkshakes, etc.
- Do not take any diabetic medications, by mouth or injection, the day before your procedure.
- Drink at least 8 oz. of clear liquids every hour.
- Preparations schedule:
 - ❖ 3PM: Drink first bottle of Citrate of Magnesium.
 - ❖ Continue to drink plenty of clear liquids.
 - ❖ 5PM -7PM: Start Miralax prep- one (1) 8 oz. glass of clear liquid with one (1) capful of Miralax every 15 minutes. You should complete eight (8) 8 oz glasses or 64 oz. Each dose of Miralax should be followed by clear liquids.
 - ❖ Continue to drink plenty of clear liquids.
 - ❖ 9PM: Drink second bottle of Citrate of Magnesium.

- ❖ Six (6) hours prior to the procedure: if bowels are not clear, drink third and last bottle of Citrate Magnesium, then nothing by mouth until after your procedure.

Day of Procedure

Tentative Arrival time _____.

- Do not eat or drink anything.
- Tap water or Fleet enema per rectum until stool is clear.
- Take blood pressure and/or heart medication – by mouth or injection.
- If you have a partial or full dental plate, please do not use adhesive. Your plate will be removed during your procedure.
- **Your driver MUST be present at check-in and must stay on the premises until your procedure is completed and you are discharged. Otherwise, your procedure may be cancelled. This is for your safety; you will be placed under general anesthesia during your procedure.**
- Please bring your current insurance card, picture ID, and any applicable co-pay to check in. Your procedure may be cancelled without these items. Please call (228) 872-7670 if you have questions.
- If the patient is under the age of 18, he/she must be accompanied by a parent/legal guardian.
- If the patient is a minor child who has been adopted or is in foster care, you must bring the court order giving you authorization to seek medical care.
- You will be required to talk to your doctor after the procedure. Please be aware that the wait could be up to 1 hour.

Memorial Surgery Center

3882 Bienville Blvd.

Ocean Springs, MS 39564

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| Main Phone | (228) 872-6290 |
| Scheduling Department | (228) 818-5522 |
| Insurance Pre-Cert Coordinator | (228) 872-2220 |
| Billing Department | (228) 818-5524 |
| MS Anesthesia | (800) 208-6014 |