

**MEMORIAL SURGERY CENTER
OCEAN SPRINGS
Suprep with Miralax**

Please complete preop labs and Covid test 5-7 days prior to your procedure. Ocean Springs Labcorp Monday-Thursday 8-3 and Friday 8-12

You have been scheduled for a Colonoscopy on _____ with Dr. _____ at the Memorial Surgery Center in Ocean Springs, MS.

If you were not given a date and/or time for your procedure at the doctor's office, please call the clinic where you had your office visit to schedule your procedure appointment.

Memorial Digestive Health Clinic **Biloxi** 228-374-7949

Memorial Digestive Health Clinic **Ocean Springs** 228-872-6291

Memorial Digestive Health Clinic **Pascagoula** 228-769-1035

- If you were given a time at the doctor's office, this is a **tentative appointment time and may change**. A staff member from Memorial Surgery Center will be calling you prior to your procedure with your arrival time. If you have not heard from them by 9 AM the day before your procedure, call (228) 872-6290.
- Notify the nurse if you are taking any of the following medications. You may be required to stop these medications eight (8) days before your procedure or as instructed by your doctor.

Advil	BC Powder	Eliquis	Plavix	Fish Oil
Aleve	Brilinta	Goody's	Pradaxa	
Alka Seltzer	Celebrex	Heparin	Vanquish	
Ascriptin	Coumadin	Iron Supplement	Vitamin E	
Aspirin	Effient	Mobic	Xarelto	

If you have any questions or you need to cancel/reschedule your procedure, please call your doctor's office.

Day Before Procedure

- You will need to fill your prescription for Suprep and Miralax. Purchase two (2) Fleets enemas over the counter. You will also be given a prescription for Phenergan or Zofran which may be used to prevent nausea and vomiting during the prep.
- You may have a light breakfast before 9:00 a.m. the day before your procedure. After breakfast, clear liquids only (i.e., chicken broth, Jell-O, Popsicles, Sprite, Gatorade, water, etc). No solid foods or milk products.
- DO NOT eat or drink anything that is red, purple, or green.
- Do not take any diabetic medications, by mouth or injection, the day before your procedure.
- Drink at least 8 oz. of clear liquids every hour. THIS SHOULD INCLUDE PLENTY OF CLEAR GATORADE AND/OR POWERADE.
- Preparations schedule:
 - ❖ First Dose: Start Suprep regimen by completing steps 1-4 (included with Suprep) using (1) one 6 oz. bottle of Suprep at _____.
 - ❖ Drink two (2) additional 16 oz cups of clear liquid (total of 32oz)after the first Suprep dose. Drink as much as possible.

- ❖ IF YOU HAD A DIFFICULT TIME TOLERATING THE FIRST DOSE OF SUPREP, YOU WILL NEED TO MIX (1) ONE 255 GM BOTTLE OF MIRALAX IN 64 OZ OF CLEAR GATORADE AND BEGIN DRINKING AT 7:00 P.M. DRINK THE ENTIRE MIXTURE OVER A 2 HOUR PERIOD (AT LEAST ONE 8 OZ GLASS EVERY 15 MINUTES).
- ❖ Second Dose: Start second dose at time below. Repeat steps 1-4 with the remaining 6 oz. bottle of Suprep at _____.
- ❖ Drink two (2) additional 16 oz cups of clear liquid (total of 32 oz) after the second Suprep dose.
- ❖ DO NOT EAT OR DRINK ANYTHING AFTER YOU FINISH DRINKING YOUR SECOND DOSE OF SUPREP AND THE ADDITIONAL 32 OZ OF CLEAR LIQUID.

Day of Procedure

Tentative Arrival time _____.

- Do not eat or drink anything.
- Tap water or Fleet enema per rectum until stool is clear.
- Do not take any diabetic medications before your procedure.
- Take blood pressure and/or heart medication only with a sip of water.
- If you have a partial or full dental plate, please do not use adhesive. Your plate will be removed during your procedure.
- **Your driver MUST be present at check-in and must stay on the premises until your procedure is completed and you are discharged. Otherwise, your procedure may be cancelled. This is for your safety; you will be placed under general anesthesia during your procedure.**
- Please bring your current insurance card, picture ID, and any applicable co-pay to check in. Your procedure may be cancelled without these items. Please call (228) 872-7670 if you have questions.
- If the patient is under the age of 18, he/she must be accompanied by a parent/legal guardian.
- If the patient is a minor child who has been adopted or is in foster care, you must bring the court order giving you authorization to seek medical care.
- You will be required to talk to your doctor after the procedure. Please be aware that the wait could be up to 1 hour.

Memorial Surgery Center

3882 Bienville Blvd.

Ocean Springs, MS 39564

Main Phone	(228) 872-6290
Scheduling Department	(228) 818-5522
Insurance Pre-Cert Coordinator	(228) 872-2220
Billing Department	(228) 818-5524
MS Anesthesia	(800) 208-6014