

**MEMORIAL SURGERY CENTER
OCEAN SPRINGS
Colyte/Trilyte**

You have been scheduled for a Colonoscopy on _____ with Dr. _____ at the Memorial Surgery Center in Ocean Springs, MS.

If you were not given a date and/or time for your procedure at the doctor's office, please call the clinic where you had your office visit to schedule your procedure appointment.

Memorial Digestive Health Clinic **Biloxi** 228-374-7949
Memorial Digestive Health Clinic **Ocean Springs** 228-872-6291
Memorial Digestive Health Clinic **Pascagoula** 228-769-1035

- If you were given a time at the doctor's office, this is a **tentative appointment time and may change**. A staff member from Memorial Surgery Center will be calling you prior to your procedure with your arrival time. If you have not heard from them by 9 AM the day before your procedure, call (228) 872-6290.
- Notify the nurse if you are taking any of the following medications. You may be required to stop these medications eight (8) days before your procedure or as instructed by your doctor.

Advil	BC Powder	Eliquis	Plavix	Fish Oil
Aleve	Brilinta	Goody's	Pradaxa	
Alka Seltzer	Celebrex	Heparin	Vanquish	
Ascriptin	Coumadin	Iron Supplement	Vitamin E	
Aspirin	Effient	Mobic	Xarelto	

If you have any questions or you need to cancel/reschedule your procedure, please call your doctor's office.

Two Days Before Procedure

- You will need to purchase one (1) bottle of Citrate of Magnesium, two (2) fleets enemas and one (1) gallon of Colyte or Nulyte (this is by prescription).
- You can also purchase over the counter Phazyme to take before and during the prep for your procedure to help relieve the bloated feeling you may experience.

Day before the Procedure

- You may have a light breakfast before 9 AM the day before your procedure. After breakfast, Clear Liquids only (i.e., chicken broth, Jell-O, Popsicles, Sprite, Gatorade, water, etc).
- Do NOT eat or drink anything that is red, purple or green.
- Do not take any diabetic medications, by mouth or injection, the day before your procedure. You should monitor your blood sugar closely throughout the day.
- Drink at least 8 oz. of clear liquids every hour.
- Preparations Schedule:
 - 3PM: Drink first bottle of Citrate of Magnesium
 - 6 PM: Drink one 8 oz glass of Colyte every 10 minutes until you have completed 4 full glasses (half the container).
 - 4 HOURS PRIOR TO YOUR ARRIVAL TIME, finish the remainder of your Colyte by drinking one 8 oz. glass every 15 minutes. This should be completed at least 3 hours before your arrival time for your procedure.

- NOTHING BY MOUTH AFTER YOU FINISH YOUR COLYTE.

Day of Procedure

Tentative arrival time: _____

- Do not eat or drink anything except your necessary heart and/or blood pressure medications with only a sip of water.
- If stool is not clear, administer 2 fleets enemas per rectum until stool is clear. You may also use tap water enema thereafter if still not clear.
- Do not take diabetic med – by mouth or injection.
- If you have a partial or full dental plate, please do not use adhesive. Your plate will be removed during your procedure.
- **Your driver MUST be present at check in and he/she must stay on the premises until your procedure is completed and you are discharged. Otherwise, your procedure may be cancelled. This is for your safety; you will be placed under general anesthesia during your procedure.**
- Please bring your current insurance card, a picture ID, and any applicable co-pay to check-in. Your procedure may be cancelled without these items. Please call (228)-872-7670 if you have questions.
- If the patient is under the age of 18, he/she must be accompanied by a parent/legal guardian.
- If the patient is a minor child who has been adopted or is in foster care, you must bring the court order giving you authorization to seek medical care.
- You will be required to talk to your doctor after the procedure. Please be aware that the wait could be up to 1 hour.

Memorial Surgery Center

3882 Bienville Blvd.

Ocean Springs, MS 39564

Main Phone	(228) 872-6290
Scheduling Department	(228) 818-5522
Insurance Pre-Cert Coordinator	(228) 872-2220
Billing Department	(228) 818-5524
MS Anesthesia	(800) 208-6014